


THE Reserve at Katy Lifestyle

THE RESERVE AT KATY
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY
21601 Provincial Blvd · Katy, TX 77450 · (281) 578-2222

OCTOBER 2024



James M. Clarke was born in 1946 in the Aldine area near Houston. He holds a Doctorate in Art Education from the University of Houston and is nationally recognized for his many contributions to the field. He began his career as Director of Art, Dance and Theatre for the Aldine Independent School District, where he created a nationally recognized PK-12 program, winning many awards and served on the committee which developed the Houston Livestock Show and Rodeo School Art Program. He was a Professor of Art at University of Houston. He authored several art textbook series for Pearson Publishing. His state and national leadership as President of the Houston Art Association, Texas Art Education Association and National Art Education Association, made major impacts on national education policy. He co-founded the Texas Coalition of Quality Arts Education Association and was appointed by the first Bush Administration to chair and write the first National Art Standards for public education as part of a committee alongside then Governor Bill Clinton. He also dabbled in TV production with the Secret City TV series, a PBS distributed art show for children. James is also an accomplished artist in several mediums, including painting and pencil work. In 2014, James suffered a massive stroke, limiting his mobility and ability to speak. As part of his recovery, he has continued to produce art and his drawing *Beyond the Fog* won First Place in the Katy Museum Art show. He also helped to create an art class for stroke and brain injured adults with a local non-profit. James has three children and 12 grandchildren.



Celebrating Grandparents Day with some of the most selfless, caring, and loving people in our community!

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Shoo the Flu

For the maximum protection, it's important to get a flu shot early in the season. The Centers for Disease Control and Prevention advises that the flu vaccine is especially critical for people 65 years and older since they are at high risk of developing serious complications from the flu.




A Sport for Everyone

Sports fans are sure to be animated this month. With football in full swing, baseball playoffs in motion and the new basketball and hockey seasons beginning, there's plenty of excitement to go around!

Candy Donations

We're collecting candy to hand out to trick-or-treaters during our Halloween celebration. If you'd like to contribute, please see the activities director. Thank you for your generosity!

"Listen! The wind is rising, and the air is wild with leaves, We have had our summer evenings, now for October eves!"
—Humbert Wolfe

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		National Pumpkin Spice Day 1 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Pumpkin Spice Latte Social 1:30 FL Walk the Lap 2:00 AR Bible Study with Leo 3:30 AR Pokeno 6:00 FL Five Card Bingo with Tate	2 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 10:30 AR Wood Painting 2:00 AR Card Club 3:30 AR Skip-Bo with Dortha 6:00 FL Trivia with Tate	3 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Apple Cider Donut Social 1:00 AR Left Center Right 2:00 AR Cocktails with Carie 3:30 AR Bingo 6:00 FL Five Card Bingo with Tate	4 National Taco Day 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Blackjack 11:30 Lunch Bunch- Doneraki Mexican Restaurant 🍴 1:00 AR Chicken Foot 2:30 AR Taco Bar 6:00 FL Trivia with Tate	5 10:00 AR Exercise 10:30 AR Trivia Marathon 1:30 MT Movie- Fiddler on the Roof 2:00 DR Card Club 2:00 AR Nail Bar- Breast Cancer Pink 3:30 AR Bingo
6 10:00 AR Exercise 10:30 AR Horse Race 11:00 MT Virtual Lakewood Church Services 12:00 MT Texans vs Bills 2:00 AR Puzzles and Board Games 3:00 AR Ice Cream Cone Social 3:30 AR Pokeno	7 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Ceramic Pumpkins 10:30 AR Floral Arrangement 2:00 DR Card Club 2:30 AR Bingo 3:00 Therapy Dog Visit/ Angus 3:30 AR Skip-Bo with Dortha 6:00 FL Trivia with Tate	8 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Bible Bingo 1:30 FL Walk the Lap 2:00 AR Bible Study with Leo 3:30 AR Pokeno 6:00 FL Five Card Bingo with Tate	9 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 10:30 AR Jeopardy 11:30 Trip- Halloween Store 🛒 2:00 AR Card Club 3:30 AR Skip-Bo with Dortha 6:00 FL Trivia with Tate	10 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Worship Service with Jon Guyton 1:30 AR Rummikub 2:00 AR Painting with a Twist 3:30 AR Trivia with Jane 6:00 FL Five Card Bingo with Tate	11 On Fridays We Wear PINK! 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Monthly Auction 11:30 World Market Trip 🛒 1:00 AR Chicken Foot 2:00 AR Blackjack 3:30 AR Birthday Party with Senior Support Squad 6:00 FL Trivia with Tate	12 10:00 AR Exercise 10:30 AR Halloween Door Decorating 1:30 MT Movie- To Kill a Mockingbird 2:00 DR Card Club 2:30 MT Texas Longhorns vs Oklahoma 3:30 AR Bingo
13 10:00 AR Exercise 10:30 AR Horse Race 11:00 MT Virtual Lakewood Church Services 12:00 MT Texans vs Patriots 2:00 AR Dominoes 3:00 AR Sundaes on Sunday 3:30 AR Pokeno	14 Happy Birthday Jack! 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR DIY Fall Leaves 2:00 DR Card Club 2:30 AR Bingo 3:00 Therapy Dog Visit/ Angus 3:30 AR Skip-Bo with Dortha 6:00 FL Trivia with Tate	15 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Sing Along 1:30 FL Walk the Lap 2:00 DR Resident Town Hall 3:30 AR Pokeno 6:00 FL Five Card Bingo with Tate	16 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 10:30 AR DIY Breast Cancer Bracelets 2:00 AR Card Club 3:30 AR Skip-Bo with Dortha 6:00 FL Trivia with Tate	17 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 DR Music Therapy with Nadia 1:30 AR Chef Chat 2:30 AR Apple Cider Social 3:30 AR Bingo 6:00 FL Five Card Bingo with Tate	18 On Fridays We Wear PINK! 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Veterans' Coffee Social 11:30 Pumpkin Patch Trip 🛒 1:00 AR Chicken Foot 2:00 AR Blackjack 3:30 AR Beer Tasting Social with Carlos 6:00 FL Trivia with Tate	19 10:00 AR Exercise 10:30 AR Cooking Demo 1:30 MT Movie- Return to Me 2:00 AR Bingo 2:00 DR Card Club 3:30 AR Pumpkin Painting with Senior Support Squad
20 10:00 AR Exercise 10:30 AR Horse Race 11:00 MT Virtual Lakewood Church Services 12:00 MT Texans vs Packers 2:00 AR Music of Harmony Kids Performance 3:00 AR Ice Cream Cone Social 3:30 AR Pokeno	21 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Floral Arrangement with Robert 2:00 DR Card Club 2:30 AR Bingo 3:00 Therapy Dog Visit/ Angus 3:30 AR Skip-Bo with Dortha 6:00 FL Trivia with Tate	22 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR DIY Breast Cancer Ribbons 1:30 FL Walk the Lap 2:00 AR Bible Study with Leo 3:30 AR Pokeno 6:00 FL Five Card Bingo with Tate	23 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 10:30 DR Weight and Vitals Clinic with Blue Star Hospice 2:00 AR Card Club 3:30 AR Skip-Bo with Dortha 6:00 FL Trivia with Tate 7:00 MT Rockets vs Hornets	24 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Worship Service with Jon Guyton 1:00 AR Dominoes Club 2:00 AR Cocktails with Carie 3:30 AR Under and Over 7 with Jane 6:00 FL Five Card Bingo with Tate	25 On Fridays We Wear PINK! 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Blackjack 11:30 Lunch Bunch- Bubba's 33 🍴 2:30 AR Pumpkin Carving Contest 6:00 FL Trivia with Tate 7:00 MT Rockets vs Grizzlies	26 10:00 AR Exercise 10:30 AR Pinktober Rock Painting 1:30 MT Movie- An Affair to Remember 2:00 AR Bingo with Family & Friends 7:30 MT Rockets vs Spurs
27 10:00 AR Exercise 10:30 AR Horse Race 11:00 MT Virtual Lakewood Church Services 12:00 MT Texans vs Colts 2:00 AR Dominoes 3:00 AR Sundaes on Sunday 3:30 AR Pokeno	28 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Fall Pumpkin Ornaments 2:00 DR Card Club 2:30 AR Bingo 3:00 Therapy Dog Visit/ Angus 3:30 AR Skip-Bo with Dortha 6:00 FL Trivia with Tate 7:00 MT Rockets vs Spurs	29 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Painting with a Twist 1:30 FL Walk the Lap 2:00 AR Women's Social Group- Halloween Chex Mix 3:30 AR Pokeno 6:00 FL Five Card Bingo with Tate	30 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 10:30 AR Word Search Challenge 2:00 AR Happy Hour Wellness Talk with Select Therapy 3:30 AR Skip-Bo with Dortha 6:00 FL Halloween Celebration with Family & Friends	31 Happy Halloween 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Jeopardy 1:30 MT Movie- Beetlejuice 2:00 AR Caramel Apple Bar 3:30 AR Halloween Bingo 6:00 FL Five Card Bingo with Tate 7:30 MT Rockets vs Mavericks		Cancellations as well as some changes are sometimes unavoidable. We appreciate your understanding and cooperation!



"Buc-ees: where a pit stop becomes a pit party."



"Making a difference, One resident at a time."

October Greetings!

Fall is here and it is one of my favorite times of year. I'm looking forward to a season of harvest and fun festivities. The sound of crisp, autumn leaves falling, trips to the pumpkin patch, pumpkin carvings, festivals and festive decorations, Halloween costumes, trick-or-treats, and so much more. This month we are having more fun, seasonal crafts, festive decorations, happy hours, lunch outings, and of course, the most awaited Halloween party with our annual spooky, silly, and unique costume contest. Let's enjoy the season of fall.

Go Pink in October!!!

October is National Breast Cancer Awareness Month. Every October, we come together to support the fight against breast cancer and you are encouraged to wear pink all month long to show your support for breast cancer. Many of us have been affected by Breast Cancer; let's honor the Survivors who have fought the hard fight! As a breast cancer survivor myself, I hope you will join me this month wearing pink, honoring all of us who have "Fought Like a Girl" to beat breast cancer!!!

Dress up for Halloween!

It's time for our annual Spooktacular fun at The Reserve at Katy! Everyone is encouraged to wear their coolest, craziest, or spookiest costume. Residents and staff will be modeling their costumes in the hallways for a fun Halloween photo on October 30th.

Warmest regards,
DeDe Young
Executive Director
The Reserve at Katy