

THE Reserve at Katy Lifestyle



THE RESERVE
AT KATY
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY
21601 Provincial Blvd · Katy, TX 77450 · (281) 578-2222

JANUARY 2025

Helen was very proud to be a stay-at-home mom and that her children were never left with babysitters. Once her children were in junior and high school, she went to work to save for their college education. After the children were on their own, she went to college herself and obtained a Medical Secretary degree. She was soon hired by Brooke Army Medical Center at Fort Sam Houston Army Base in San Antonio, TX. She started out as a Medical Secretary and through hard work retired out of the Clinical Investigations Department as a Manager. At her retirement, it was said that 3 people were hired to do what she had been doing for years. She had wanted to move back to the hill country, but stayed in San Antonio until moving to Houston to be closer to her children.



Helen Dendy Smith was born at home in a rock house deep in the hill country of Texas, Fredonia, Texas. The nearest school was in Mason, TX where she went from first grade through high school graduation. She met the love of her life on a double date to the movie house, Robert C. Smith. (70 years together) Helen and Robert married in 1951, soon after Robert joined the Air Force. In a few years, they had two children, Karen and Steven.



JANUARY 2025

A New Year's Toast

To love, laughter and a happily ever after.

Be Thankful

Start your year off with kindness and appreciation—January is National Thank You Month. Often people are critical instead of thankful, and an honest “thank you” can mean the world to someone. This month, focus on expressing gratitude and doing nice deeds for others.




Happy 90th Birthday, Elvis!

Pay tribute to the King of Rock ‘n’ Roll on Elvis Presley’s birthday, Jan. 8.

Year of the Snake

Celebrated in many Asian countries and cultures, Lunar New Year begins on Jan. 29. 2025 is the Year of the Snake, and in the Chinese zodiac, the animal represents wisdom and change.

“The imagination is a palette of bright colors. You can use it to touch up memories—or you can use it to paint dreams.”
—Robert Brault

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day 1 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 10:00 MT Rose Parade 2:00 AR Card Club 3:30 AR SkipBo with Dortha 6:00 FL Five Card Bingo 6:00 MT Rockets vs Mavericks	2 9:30 AR World News 10:00 AR Exercise with Madel 10:30 AR Bingo 1:00 AR Dominoes 2:00 AR Sip and Paint 3:30 AR Corn Hole 6:00 FL Evening Trivia	3 9:30 AR Word Search Challenge 10:00 AR Exercise with Madel 10:30 AR Black Jack 11:30 Alamo Drafthouse-Mufasa 🍿 1:30 AR Chicken Foot 3:30 AR Pokeno 6:00 FL Five Card Bingo 7:00 MT Rockets vs Celtics	4 10:00 AR Exercise 10:30 DR Sunday School Kids Performance 1:30 MT Movie- The Fall and Rise of Elvis Presley 2:00 DR Card Club 3:30 AR Bingo
5 10:00 AR Exercise 10:30 AR Horse Race 11:00 MT Virtual Lakewood Church Services 2:00 AR Rummikub 3:00 AR Sundaes on Sunday 3:30 AR Pokeno 6:00 MT Rockets vs Lakers	6 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Giant Matching Game 2:00 DR Card Club 2:30 AR Bingo 3:00 Therapy Dog Visit/ Angus 3:30 AR SkipBo with Dortha 6:00 FL Five Card Bingo	7 9:30 AR Word Search Challenge 10:00 AR Exercise with Madel 10:30 AR Activity Planning Meeting with Coffee and Donuts 1:30 FL Walk the Lap 2:00 AR Bible Study with Leo 3:30 AR Pokeno 6:00 FL Evening Trivia 6:00 MT Rockets vs Wizards	8 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 10:30 DR Celebrating Elvis Presley 2:00 AR Card Club 3:30 AR SkipBo with Dortha 6:00 FL Five Card Bingo	9 9:30 AR World News 10:00 AR Exercise with Madel 10:30 AR Worship Service with Jon Guyton 2:00 AR Trivia Competition 3:30 AR Bingo 6:00 FL Evening Trivia 7:00 MT Rockets vs Grizzlies	10 9:30 AR Word Search Challenge 10:00 AR Exercise with Madel 10:30 AR Black Jack 11:30 Lunch Bunch- Cheese Cake Factory 🍿 1:30 AR Chicken Foot 3:00 AR Monthly Auction 6:00 FL Five Card Bingo	11 10:00 AR Exercise 10:30 AR Spa Day 1:30 MT Movie- Mary 2:00 DR Card Club 3:30 AR Bingo
12 10:00 AR Exercise 10:00 Katy First United Methodist 🗨️ 11:00 MT Virtual Lakewood Church Services 2:00 AR Rummikub 3:00 AR Sundaes on Sunday 3:30 AR Pokeno	13 Happy Birthday Jim O. 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Wood Painting 2:00 DR Card Club 2:30 AR Bingo 3:00 Therapy Dog Visit/ Angus 3:30 AR SkipBo with Dortha 6:00 FL Five Card Bingo 7:00 MT Rockets vs Grizzlies	14 9:30 AR Word Search Challenge 10:00 AR Exercise with Madel 10:30 AR Pokeno 1:30 FL Walk the Lap 2:00 DR Resident Town Hall Meeting 3:00 AR Painting with a Twist 6:00 FL Evening Trivia	15 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 10:30 AR Jeopardy 2:00 AR Card Club 3:00 AR Hunch Punch Social 3:30 AR SkipBo with Dortha 6:00 FL Five Card Bingo	16 9:30 AR World News 10:00 AR Exercise with Madel 10:30 AR Crafting with Nadia from Pax 1:00 AR Dominoes 2:00 AR Spoons 3:30 AR Fun & Games with Jane 6:00 FL Evening Trivia	17 9:30 AR Word Search Challenge 10:00 AR Exercise with Madel 10:30 AR Black Jack 11:30 Shopping Trip- Super Target 🗨️ 1:30 AR Chicken Foot 3:30 AR Men's Group 6:00 FL Five Card Bingo	18 Happy Birthday Terri D. 10:00 AR Exercise 10:30 AR Cooking Demo 1:30 MT Movie- Midway 2:00 DR Card Club 3:30 AR Bingo
19 National Popcorn Day! 10:00 AR Exercise 10:30 AR Bible Bingo 11:00 MT Virtual Lakewood Church Services 2:00 DR Music of Harmony Kids Performance 3:00 AR Popcorn Social 3:30 AR Pokeno	20 Martin Luther King Jr. Day 9:30 AR Coffee Talk 10:00 AR Exercise with Madel 10:30 AR Giant Matching Game 1:00 MT Rockets vs Pistons 2:00 DR Card Club 2:30 AR Bingo 3:00 Therapy Dog Visit/ Angus 3:30 AR SkipBo with Dortha 6:00 FL Five Card Bingo	21 9:30 AR Word Search Challenge 10:00 AR Exercise with Madel 10:30 AR Pokeno 1:30 FL Walk the Lap 2:00 AR Bible Study with Leo 3:30 AR Womens Social Group 6:00 FL Evening Trivia	22 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 10:30 AR Sponge Painting 2:00 AR Card Club 3:30 AR SkipBo with Dortha 6:00 FL Five Card Bingo 7:00 MT Rockets vs Cavaliers	23 9:30 AR World News 10:00 AR Exercise with Madel 10:30 AR Worship Service with Jon Guyton 2:00 AR Chef Chat 3:30 AR Bingo 6:00 FL Evening Trivia	24 9:30 AR Word Search Challenge 10:00 AR Exercise with Madel 10:30 AR Black Jack 11:30 Lunch Bunch- New Orleans Kitchen 🗨️ 1:30 AR Chicken Foot 3:00 AR Beer Tasting with Carlos 6:00 FL Five Card Bingo	25 10:00 AR Exercise 10:30 AR Trivia Competition 1:30 MT Movie- Maria 2:00 DR Card Club 3:30 AR Bingo 6:30 MT Rockets vs Cavaliers
26 10:00 AR Exercise 10:30 AR Horse Race 11:00 MT Virtual Lakewood Church Services 2:00 AR Rummikub 3:00 AR Sundaes on Sunday 3:30 AR Pokeno	27 National Chocolate Cake Day! 10:00 AR Exercise with Madel 10:30 AR Cake and Coffee Morning Social 2:00 DR Card Club 2:30 AR Bingo 3:00 Therapy Dog Visit/ Angus 3:30 AR SkipBo with Dortha 6:00 FL Five Card Bingo 6:30 MT Rockets vs Celtics	28 9:30 AR Word Search Challenge 10:00 AR Exercise with Madel 10:30 AR DIY- Chinese New Year Lanterns 1:30 FL Walk the Lap 2:00 AR Happy Hour with Select Rehab 3:30 AR Pokeno 6:00 FL Evening Trivia	29 Chinese New Year 9:30 AR Coffee Talk 10:00 L Catholic Communion 10:00 AR Exercise with Madel 2:00 DR Card Club 2:00 AR Chinese New Year Celebration 3:30 AR SkipBo with Dortha 6:00 FL Five Card Bingo	30 Happy Birthday Olivia & Lillie! 9:30 AR World News 10:00 AR Exercise with Madel 10:30 AR Bingo 2:00 AR January Birthdays Celebration 3:30 AR Trivia with Jane 6:00 FL Evening Trivia 6:30 MT Rockets vs Grizzlies	31 National Hot Chocolate Day! 9:30 AR Word Search Challenge 10:00 AR Exercise with Madel 10:30 AR Black Jack 1:30 AR Chicken Foot 2:30 Starbucks Trip 🗨️ 3:30 AR Pokeno 6:00 FL Five Card Bingo	Cancellations, as well as some changes, are sometimes unavoidable. We appreciate your understanding and cooperation.



"Squad goals, party pros."



Resident Birthdays

01/13	James Owens
01/18	Terri Duffin
01/30	Olivia Tiemann
01/30	Lillie Meischen

NFL Fun Facts

This time of year, NFL fans are all about the grit and glory on the gridiron. Here are a few fun football facts to kick around:

- The NFL was founded in 1920 in Canton, Ohio, which is now home to the Pro Football Hall of Fame.
- In 1933, the league stopped using the Collegiate Rules Book and began to develop its own rules.
- As a rookie in 1934, Beattie Feathers became the first player to rush for 1,000 yards in a season.
- A 1939 matchup between the Philadelphia Eagles and the Brooklyn Dodgers was the first televised football game.
- NFL players were not required to wear helmets until 1943.
- The 1972 Miami Dolphins became the first NFL team to have a perfect season. Their 17-0 record culminated with a win at Super Bowl VII.
- Deion Sanders is the only athlete who has played in both a Super Bowl and a World Series.
- In 2015, the league hired its first full-time female referee, Sarah Thomas.



"Christmas shenanigans."

